

Educational Modeling of Islamic Lifestyle in Sūrat al-Nūr with a Comprehensive Approach in the Modern Age

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Introduction

The technological era, despite its many advantages, has brought challenges such as materialism, a decline in direct social interactions, and the rise of excessive externalism. These transformations highlight the necessity of a balanced lifestyle grounded in spiritual and moral values. The Qur'an, as a divine source, provides a comprehensive framework for designing an Islamic lifestyle, and within this framework, Sūrat al-Nūr holds a special place due to its thematic comprehensiveness. This surah, through its principles of chastity, responsibility, and social ethics, offers an educational model for achieving human perfection and well-being. The present article investigates the pedagogical functions of Sūrat al-Nūr in order to integrate them into an all-dimensional educational approach capable of responding to the challenges of the modern age.

Methodology

The study employs thematic analysis, a qualitative method that identifies and interprets both explicit and latent themes through coding. The process involves three levels: basic themes, organizing themes, and global themes. In this research, Sūrat al-Nūr was carefully studied, basic themes were extracted, and then analyzed and organized into broader themes using MAXQDA software. On this basis, an educational model of Islamic lifestyle was designed, offering a comprehensive approach suitable for the modern era.

Findings

The article presents a holistic educational model of Islamic lifestyle in Sūrat al-Nūr, corresponding to the six domains outlined in Iran's Fundamental Transformation Document of Education.

Doctrinal, devotional, and ethical domain: Addressing the human need for spirituality in the technological age, Sūrat al-Nūr emphasizes faith, righteous action, and adherence to moral values. True faith unites belief and practice, with noble character as its outcome.

Social and political domain: Constructive social interactions are highlighted as essential for confronting hostile plots, with encouragement for simple and equitable marriages, respect for privacy, and the reform of improper interactions. Improving the judicial system through evidence-based rulings and just punishments contributes to a secure environment.

Economic and professional domain: Against modern materialism, the surah advocates orienting wealth and livelihood toward divine purposes, practicing moderation, and trusting God when facing financial challenges. Marriage is also presented as a safeguard for religion and moral integrity.

Aesthetic and artistic domain: In the age of virtual communications, where true appreciation of beauty is diminished, the surah emphasizes collective expressions of kindness within families, the recognition of spiritual beauty and divine mercy, and reflection upon the natural world as a sign of monotheism.

Scientific and technological domain: While valuing scientific progress, the surah offers guidance for dealing with challenges such as misinformation and declining trust, promoting truth-seeking and transparency to rebuild public confidence.

Bodily and biological domain: In response to excessive externalism, modest dress and corrective vision are encouraged. Veiling is presented as a cultural identity marker preventing confusion and loss of identity, fostering focus on character rather than appearance, and protecting mental health.

Conclusion

Modern technological and social transformations have brought not only advantages but also critical crises: spiritual decline, materialism, an explosion of information, and extreme externalism. Inspired by Sūrat al-Nūr, this study proposes an educational model of Islamic lifestyle to address these challenges. By grounding each of the six domains-spiritual, social, economic, aesthetic, scientific, and bodily-within Qur'anic principles, the model provides practical strategies to strengthen Islamic values and to offer viable responses to the dilemmas of the modern age.

Keywords

educational model, crises of the modern age, comprehensive approach, Islamic lifestyle, Sūrat al-Nūr.

Ethical Considerations

Compliance with research ethics. The authors observed the ethical principles in conducting and publishing this scholarly research, and this is confirmed by all of them.

Conflict of interest

The authors declare that they have no conflict of interest.

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